



**Govt of Jammu & Kashmir**  
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**Intra College Carom Tournament and Friendly Cricket Match Organized under Fit India Activities at Amar Singh College Srinagar.**

As part of the nationwide Fit India Activities, Department of Physical Education and Sports Amar Singh College Srinagar successfully organized a Carom Tournament (Boys and Girls) and Cricket friendly Match for promoting the importance of physical fitness, mental well-being, and sportsmanship among students.

The event was inaugurated by the esteemed Principal of Amar Singh College, Prof. Aijaz Ahmad Hakak, in the presence of HOD Botany Prof Nusrat Syed, HOD Sociology Prof Shabnum Ara, Prof Aijaz Ahmad Kanth, Convenor Sports Prof Gurdeep Singh, Dr Tanveer Ahmad Bhat HOD Physical Education & Sports and Sports Committee Members of the college. In his address, Prof. Hakak emphasized the role of sports in maintaining a healthy lifestyle and encouraged students to actively participate in fitness-related activities.

Faculty members and colleagues from various departments of the college were also present at the event, expressing their full support for the Fit India initiative and applauding the enthusiasm of participating students.

The Carom Tournament witnessed enthusiastic participation from Faculty members, both boys and girls, showcasing their skills and strategic thinking. Meanwhile, the Cricket Matches held for boys turned out to be a thrilling display of talent, teamwork, and healthy competition.

The event not only served the purpose of physical engagement but also fostered camaraderie, discipline, and a spirit of unity among students and staff. The college reiterates its commitment to promoting fitness and a holistic educational environment through such initiatives.

**PRINCIPAL**  
**Amar Singh College**



***Start of yet another Intra-College Carrom Tournament under FIT INDIA ACTIVITY***

